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Youth Football Manual (Paperback)

By Dan Nappi

Dan Nappi, United States, 2009. Paperback. Book Condition: New. 250 x 178 mm. Language: English . Brand New Book ***** Print on Demand *****.Youth Football Manual is a book designed for fathers, friends or anybody wanting to coach a youth football team. It takes them through a step-by-step process, outlining all they need to know to put together a winning youth football program. It starts with formations, numbering, play calling, offensive plays, defensive alignments, special teams, and more. It shows how to set up a practice with a minute-by-minute breakdown taking advantage of every second available. This is not just a book full of plays, defenses and drills. This program doesn t just give you a fish, it teaches you how to fish. not only giving them all the tools they need to coach a successful football team, but also shows how to use them. There is also a workbook and DVD that will help coaches build their program as they go through the Youth Football Manual with a page-by-page layout letting the reader fill in the blanks as they go along. /.



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