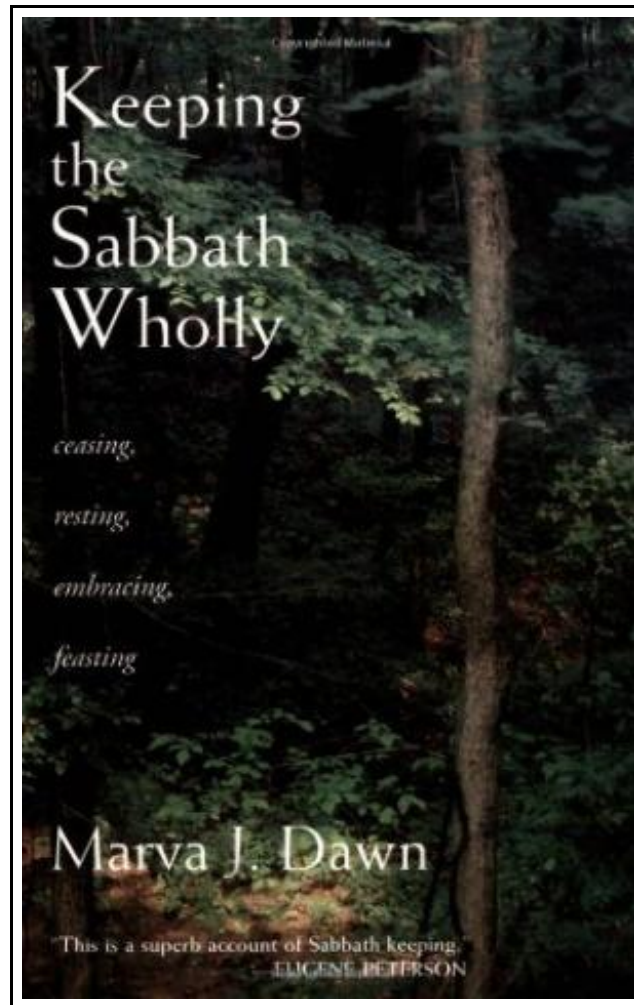


## Keeping the Sabbath Wholly: Ceasing, Resting, Embracing, Feasting



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**(Mitchell Kuhn III)**

## KEEPING THE SABBATH WHOLLY: CEASING, RESTING, EMBRACING, FEASTING



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William B Eerdmans Publishing Co. Paperback. Book Condition: new. BRAND NEW, Keeping the Sabbath Wholly: Ceasing, Resting, Embracing, Feasting, Marva J. Dawn, According to Dawn, the phrase going to church both reveals and promotes bad theology: it suggests that the church is a static place when in fact the church is the "people of God." The regular gathering together of God's people for worship is important--it enables them to "be church" in the world--but the act of worship is only a small part of observing the Sabbath. This refreshing book invites the reader to experience the wholeness and joy that come from observing God's order for life--a rhythm of working six days and setting apart one day for rest, worship, festivity, and relationships. Dawn develops a four-part pattern for keeping the Sabbath: (1) "ceasing"--not only from work but also from productivity, anxiety, worry, possessiveness, and so on; (2) "resting"-- of the body as well as the mind, emotions, and spirit--a wholistic rest; (3) "embracing"--deliberately taking hold of Christian values, of our calling in life, of the wholeness God offers us; (4) "feasting"--celebrating God and his goodness in individual and corporate worship as well as feasting with beauty, music, food, affection, and social interaction. Combining sound biblical theology and research into Jewish traditions with many practical suggestions, "Keeping the Sabbath Wholly" offers a healthy balance between head and heart: the book shows how theological insights can undergird daily life and practice, and it gives the reader both motivation and methods for "enjoying" a special holy day. Dawn's work-- unpretentiously eloquent, refreshingly personal in tone, and rich with inspiring example--promotes the discipline of Sabbath-keeping not as a legalistic duty but as the way to freedom, delight, and joy. Christians and Jews, pastors and laypeople, individuals and small groups--all will benefit greatly from reading...



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