



# **Brief Person-centred Therapies**

By Keith Tudor

SAGE Publications Ltd. Paperback. Book Condition: new. BRAND NEW, Brief Person-centred Therapies, Keith Tudor, 'This is a book that the person-centered psychotherapy community has been waiting for .this book opens a creative space in which the ongoing conversation about therapeutic efficacy in times of shrinking resources can be successfully engaged' - Professor Maureen O'Hara, Chair, Department of Psychology, National University, La Jolla, California. 'A wide-ranging and scholarly book which shows that person-centred therapy is fully alive to the challenges of the twenty-first century and is breaking new ground both clinically and theoretically' - Professor Brian Thorne, Emeritus Professor of Counselling, University of East Anglia. 'Likely to be of interest to anyone involved in counselling' - "Times Higher Educaton Magazine, May 2009". Can the personcentred approach work in time-limited psychotherapy and counselling? This is a question that many practitioners grapple with as demand for brief therapy increases - particularly in the public sector. "Brief Person-Centred Therapies" is the first book to tackle the subject, bringing together the experience and insights of a leading international team of person-centred therapists. The book examines the philosophical and theoretical 'fit' between the person-centred approach and brief therapy. It also explores the issues which arise when...



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