



Difficult People: Understanding Dealing with Difficult People, Bullying Emotional Abuse at Home in the Workplace (Paperback)

By Jane Aniston

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Do You Want Feel Empowered In A Position Of Control When Dealing With The Difficult People In Your Life? - NOW INCLUDES A BONUS FREE BOOK! Are there people in your life that youre finding difficult to deal with? Perhaps a bullying boss or an overbearing college at work? A "friend" who somehow seems to have a way of bringing you down every time you see them? A family member who constantly oversteps the mark? A neighbor who seems intent on making your life miserable? Whatever the case, this book has will help you first understand these individuals, and then, perhaps more importantly, will guide you in exactly how to deal with them. Difficult people can make our lives a living hell, but by understanding them and then following a few simple guidelines we can take back control and empower ourselves when communicating with these individuals. Whether the difficult people in your life are arrogant, overly-critical, haughty, bullying, bossy, negative, whiners, complainers, overly-"nice", show offs, bitchy, pessimistic, passive aggressive or simply downright difficult, this book...



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